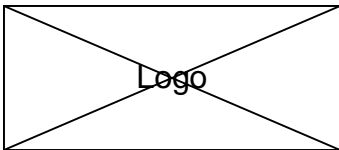
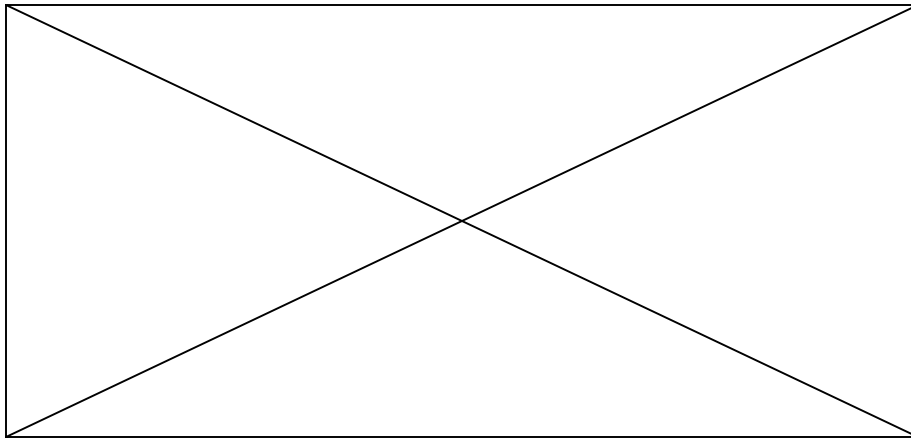


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Too many Americans suffer the daily effects of diabetes, asthma and obesity. Perhaps the greatest tragedy is the increasing toll all three of these afflictions are taking on our children.

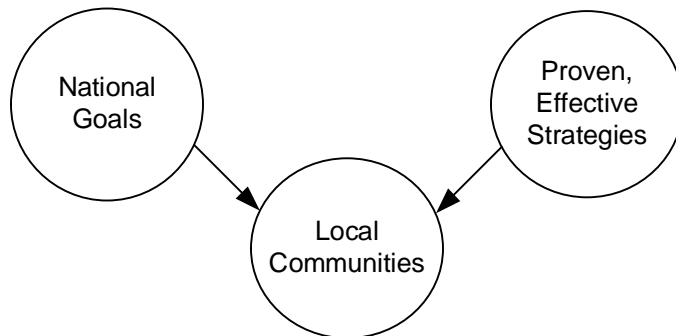
Tommy Thompson, Secretary of Health and Human Services

Achieving the vision of "Healthy People in Healthy Communities" represents an opportunity for individuals to make healthy lifestyle choices for themselves and their families.

*Donna E. Shalala
Former Secretary of Health and Human Services*

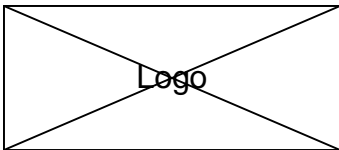
ACT for Health serves those in local communities responsible for improving child and adolescent health and well-being by providing essential information and facilitating cooperative action. [More Information](#)

A National & International Model



ACT for Health, Adolescent and Child Targets for Health Foundation, Inc., is an educational and charitable non-profit, non-governmental agency, tax exempt under Section 501(c)3 of the Internal Revenue Code.

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About Us

Mission

To provide resources and evidence-based tools to communities and policymakers which enable them to advance toward the Healthy People 2010 Goals for the Nation for children and youth emphasizing child, youth, and family engagement.

History

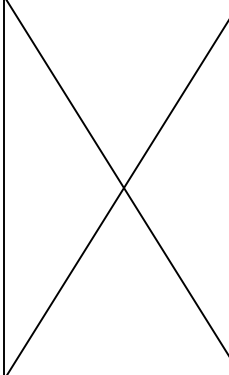
ACT For Health was established to fill a missing link: integrated evidence based strategies with community action.

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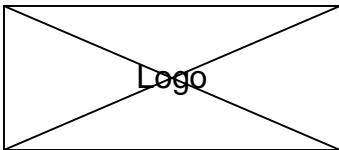
Goals

- > To support the achievement of Healthy People 2010 Objectives by producing comprehensive print and electronic resource and educational materials.
- > To foster the development of partnerships within communities to address jointly priority health goals.
- > To promote partnerships between providers and communities to provide medical services both domestically and internationally.
- > To foster the establishment of Healthy People 2010 agendas internationally.
- > To advocate nationally and internationally for the promotion of the health of children, youth and young adults.

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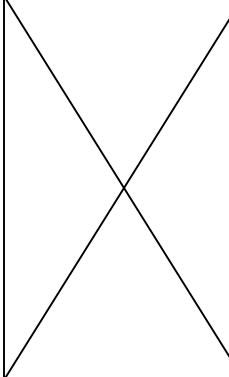
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Strategy

ACT for Health works at multiple levels (local, state, national and international) and:

- > Convenes content experts and key stakeholders to guide specific activities;
- > Identifies effective, evidence-based programs and strategies to make progress toward each HP 2010 objective;
- > Develops comprehensive resource materials using the latest findings from public health and health services research;
- > Uses print and electronic media, including the internet, to disseminate its products;
- > Participates in community coalitions and public health planning to leverage community resources and leadership; and
- > Supports families, communities and providers working together to do what works.

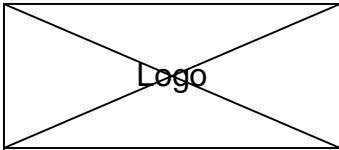
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“Achieving the vision of “Healthy People in Healthy Communities” represents an opportunity for individuals to make healthy lifestyle choices for themselves and their families.”

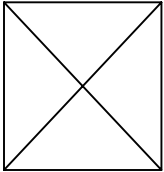
*Donna E. Shalala
 Former Secretary of
 Health and Human Services*

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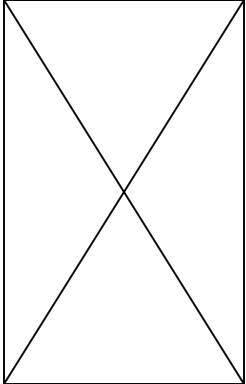


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Logo

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Endorsements

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Child & Adolescent Health Goals

Healthy People 2010

Healthy People (HP) 2010 is a comprehensive set of national health objectives for the decade which was developed by a collaborative process and is designed to measure progress over time. Healthy People 2010 has two overarching goals which provide the framework for ACT for Health's mission and goals:

1. To increase quality and years of healthy life
2. To eliminate health disparities

Focus on Children and Youth

> Of the 28 focus areas in HP 2010, 17 include objectives specific to adolescents and children.
 > Of the 467 objectives, 100 are *specific* to adolescents & children, 22 *disproportionately affect* adolescents and children and 234 *include* adolescents and children.

Objectives for Adolescents and Children

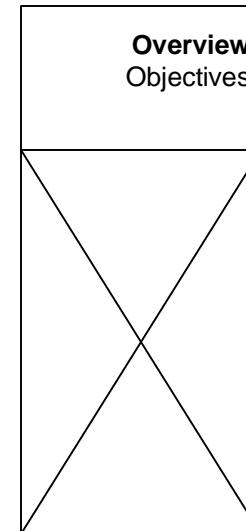
Focus on Health Disparities

The second goal of Healthy People 2010 acknowledges the urgent need to address the significant disparities that affect our nation's health. The health of adolescents and children varies by many factors including income and education, race/ethnicity, geography and disability.


The 10 Leading Health Indicators

The Leading Health Indicators were chosen from the 467 HP 2010 objectives based on their ability to motivate action, the availability of data to measure progress and their relevance as broad public health issues.

- | | |
|-------------------------------|-------------------------|
| > Physical activity | > Mental Health |
| > Overweight and obesity | > Injury and violence |
| > Tobacco use | > Environmental quality |
| > Substance abuse | > Immunization |
| > Responsible sexual behavior | > Access to health care |



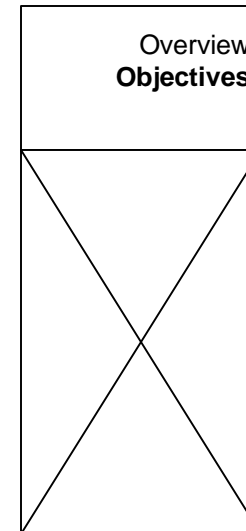
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Objectives for Adolescents and Children

- > [Objective 1.3](#) - Increase the proportion of persons appropriately counseled about health behaviors.
- > [Objective 1.4](#) - Increase the proportion of persons who have a specific source of ongoing care.
- > [Objective 1.9](#) - Reduce hospitalization rates for three ambulatory-care-sensitive conditions-- pediatric asthma, uncontrolled diabetes, and immunization-preventable pneumonia and influenza.
- > [Objective 4.1](#) - Reduce the rate of new cases of end-stage renal disease (ESRD).
- > [Objective 4.5](#) - Increase the proportion of dialysis patients registered on the waiting list for transplantation.
- > [Objective 4.6](#) - Increase the proportion of patients with treated chronic kidney failure who receive a transplant within 3 years of registration on the waiting list.
- > [Objective 4.7](#) - Reduce kidney failure due to diabetes.
- > [Objective 5.1](#) - Increase the proportion of persons with diabetes who receive formal diabetes education.
- > [Objective 5.2](#) - Prevent diabetes.
- > [Objective 5.3](#) - Reduce the overall rate of diabetes that is clinically diagnosed.
- > [Objective 6.2](#) - Reduce the proportion of children and adolescents with disabilities who are reported to be sad, unhappy, or depressed.

Continued....



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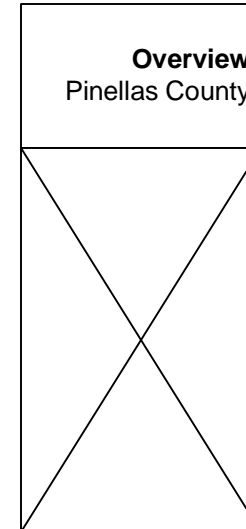
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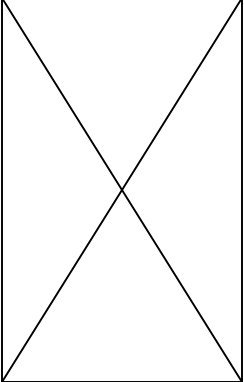
Projects: Pinellas County

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[Act for Health in Pinellas County - Health Resource Center](#)

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Resources

Sample Resource (PDF Version)

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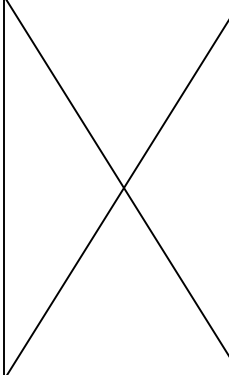
Sample Resource (PDF Version)

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Related Web Sites

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actforhealth@yahoo.com

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Comments

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